

Singles Outreach Services --- June's featured Activities

- ❖ Every Wednesday Social Dance Lessons 7:00 pm
- ❖ Friday June 2nd Empire State Aerosciences Museum Tour 10:45 am
- ❖ Friday June 2nd Movie with Annie "The Great Race" 7:00 pm.
- ❖ Saturday, June 3rd Dinner at P.F. Chang's with Stephanie M 5 pm
- ❖ Thursday June 8th Annual & Board Meeting 9:30 am open to members.
- ❖ Thursday June 8th Writers Workshop 7 pm. (\$10)
- ❖ Saturday June 10 Dinner with Maureen at Garlic Lovers Corner. 5 pm
- ❖ Sunday June 11th Speaker Malcom Kogut 3:00 pm. Appalachian Trail & Trail Angels
- ❖ Monday June 12th Newsletter Deadline
- ❖ Friday June 16 Picnic in the park at the Crossings with Dave & Bonnie
- ❖ Monday June 19th Juneteenth Federal Holiday (No events)
- ❖ Thursday June 22nd Writers Workshop with Joe Sweeney 7:00 pm (\$10)
- ❖ Friday June 23rd – Variety Show with Improv & Magicians 7:00 pm (\$10)
- ❖ Saturday June 24th Dinner with Maureen at Lakeview Restaurant.
- ❖ Sunday June 25th Speaker, Poet Therese Broderick 3:00 pm
- ❖ Monday June 26th Lunch & a Movie at noon.

Carry In, Carry Out AND Going Green

We love it when you bring food or desserts to share. That said, we are asking that you take back anything that is left over at the end of the event. We no longer want the responsibility of caring for the leftovers. Thanks for your cooperation. (Of course, you can always share your leftovers with others.)

SOS is going green. April 22 of this year marked the 53rd anniversary of Earth Day. Let's do our part and think about the health of our planet Earth every day. There is no plan B. Think: "Reduce, Reuse, Recycle", and even "Refuse." We are inviting, urging, encouraging, everyone attending any event where food is offered / consumed—potlucks, picnics, etc.—to bring your own dishes, tableware, cup/glass, etc.

We are launching this initiative with a sweet deal: Get a "green card" and when you bring your own dishes, etc., get it punched. When you complete 10 holes on your "green card," you will get a coupon worth \$4.00 to attend an event for free. If the cost of the event is more than that, the coupon can be used toward the cost of the event. In addition to this change to benefit the environment, it will save SOS money so we don't have to provide plastic spoons, forks, knives etc. We will still have some things available while people get used to the change.

Dance, Dance, Dance, Lessons, Lessons, Lessons!

Wednesday Weekly dance lessons for social dancing with instructor Joe Sweeney beginning at 7:00 pm in our community room 435 New Karner Road "Hill St. Door". \$10 per lesson.

Empire State Aerosciences Museum Tour

Empire State Aerosciences Museum Tour Friday June 2nd, 10:45 am Meet at the museum 250 Rudy Chase Drive Glenville N.Y. (\$10). R.S.V.P. to Pat 518-295-7791 by May29th.

Annie's Movie Choice

This month we will be taking a trip from NYC to Paris by automobile (yes, automobile in 1908) with Tony Curtis (The Great Leslie), Natalie Woods, Jack Lemmon (Prof. Fate), Peter Faulk and so many other great actors. The movie is the Academy Award winning "The Great Race", a comedy that will keep you laughing even after the film is over! This is a pay what you will event. This is one of Ann's favorite films of all times.

Bingo

Join in the fun of Bingo Monday Afternoon June 5th at 1:30 pm Play for fun and prizes. 5 exciting rounds, 4 cards to play, 3 games per round, 2 afternoons this month, 1 fun caller Scott S. \$4/6

Writers Workshop

Thursday June 8th & 22nd, a series of writing workshops will be hosted by Joe Sweeney 7:00 pm

Speaker Malcolm Kogut on Trail Angels

Join us on June 11th when Malcolm Kogut will be our guest speaker after the Sunday Potluck. Malcolm is a renowned musician and you will see him play in concerts, churches and for coral groups. If you hike the Appalachian Trail (2,190 miles) you might run into his group of Trail Angels. What do they do? They are an amazing group of volunteers who greet hikers along their journey. You will hear about the interesting people that he has met and what the Trail Angels do and where they do it and perhaps how you can join them.

Picnic in the park

Pick up your favorite take -out and join Dave & Bonnie at Crossings at 5:00 pm Enjoy a picnic together then enjoy a walk, a bike ride, or that evening's concert beginning at 7:00 pm

A Variety Night of Entertainment -- Improv & Magicians

Friday June 23rd, 7:00 pm we will be having a special show. Something Different for S.O.S. We will have seven people here to entertain you. First half of the show will be actors performing Improv. Then after the break two magicians will be here to dazzle you. All for one low price of \$10. Bring your friends.

Speaker Therese Broderick, Poet

Therese Broderick, Poet and Coordinator of Local Poets Library. She'll discuss poetry in general. Therese has written poetry and is a collector of poetry. The library that she curates showcases local Capital District poets.

Lunch & a Movie

June 26th, at noon join Pat C. for a movie bring your lunch and enjoy a movie with friends. Movie Title TBA.

We have a New Addition

We now have a doorbell. If there is an event going on and you happen to get locked out of the building, just ring the door bell and we'll let you in.

Weekly Events**Sundays June 4, 11, 18, 25,**

- Outdoor tennis 10:00 am contact Dan at 518-629-0088 for details
- Potluck dinner 2:00 pm
- Darts/cards/games 4:00 pm

Attend Potluck, Games, for one price. \$4/6

Tuesdays June 6, 13, 20, 27,

- Real World discussion group 7:00 pm \$4/6
- June 6, "Teachers" with Esther
- June 13, "What's New....." with Dave C.
- June 20, Topic TBA
- June 27, "Strain Your Brain" with Maria
- Blessings Tavern after Real World 9 pm

Wednesdays June 7, 14, 21, 28,

- Open bowling 7:00 pm at Sportsman Bowl 1652 Crane St Rotterdam \$10.00 includes 3 games and shoes. Contact Judy at 518-374-0765 for information.
- Social Dance Lessons 7:00 pm

Thursday June 1, 8, 15, 22, 29,

- Outdoorsy stuff 9:30 am Enjoy walking and/or biking with a great group of friends followed by a lunch at a place chosen by the group. Contact John at vabchpop@aol.com for details. A different location each week get on the email list today!
- Mahjong -- come and share the fun. Noon \$4/6

Fridays June 2, 9, 16, 23, 30,

- Golf 8:00 am Mill Road Acres Golf course 30 Mill Road Latham contact Martha at 518-238-2436 for info.

Saturdays June 3, 10, 17, 24,

- Game Night 7:00 pm enjoy an evening of games/cards with friends. Got a game you want to play bring it along. \$4/6

Special Events**Friday June 2nd**

- Trip to ESAM in Glenville (Air Museum)
- Movie with Annie "The Great Race" 7:00 pm

Saturday June 3rd,

- Dinner at P.F. Chang's in Colonie Center 5:00 pm. Call Stephanie M. @ 518-308-5717

Monday June 5th

- Bingo 1:30 pm for fun and prizes

Thursday June 8th

- Annual & Board Meetings beginning at 9:30 am – followed by Monthly Board Meeting
- Writers Workshop 7:00 pm

Saturday June 10th

- Join Maureen for dinner at 5:00 pm at Garlic Lovers Corner 235 N. Greenbush Road Troy. Please RSVP by June 9th, 2023 Maureen 518-410-2207.

Sunday June 11th

- Speaker Malcom Kogut 3:00 pm Speaking about the Appalachian Trail & Trail Angels

Monday June 12th

- Newsletter Deadline

Friday June 16th

- Picnic in the park with Dave and Bonnie 5:00 pm bring your favorite take-out to Crossings.

Monday June 19th**No Events Federal Holiday Happy Juneteenth****Friday June 23rd**

- Improv & Magicians Variety Show 7:00 pm

Saturday June 24th

- Join Maureen for dinner at Lakeview Restaurant on Crystal Lake 4:30 pm Located 4 Old Route 66 (Route 43) Averill Park please RSVP by June 21st (firm) call Maureen at 518-410-2207

Sunday June 25th

- Speaker, Poet Therese Broderick 3:00 pm

Monday June 26th


- Lunch & a Movie noon

Special Notice on Membership Cards

We have changed the way we will be handling new members applications and renewals. We will be sending out all of the month's memberships on the last day of the month. Watch your mail for them. Renewal reminders for the following month are sent out the first week of the month. Please remember to renew when you receive the notice. Thanks for supporting Singles Outreach and our mission. Your membership helps us to retain our physical space and to create new programming for our members.

June 2023 Calendar

Singles Outreach Services & Capital Region Social Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 28 Outdoor Tennis 10:30/11:30 Potluck 2 pm Games 4 pm	May 29 Memorial Day Picnic Noon	May 30 Real World 7pm "San Francisco" (Facilitator: Geli) Blessings at 9 pm	May 31 Bowling 7 pm Dance lesson 7 pm	June 1 Outdoorsy 9:30 am Mahjong noon	June 2 Golf 8 am ESAM Trip 10:45 am Annie's Movie 7 pm	June 3 P.F. Chang's 5:00 pm (Host Stephanie) Game Night 7 pm
June 4 Outdoor Tennis 10 am Potluck 2 pm Games 4 pm	June 5 BINGO 1:30 pm	June 6 Real World 7 pm "Teachers" (Facilitator: Esther) Blessings at 9 pm	June 7 bowling 7 pm Dance lesson 7 pm	June 8 Outdoorsy 9:30 am Annual Meeting 9:30 Board Mtg 10 am Mahjong Noon Writer's workshop 7 pm	June 9 Golf 8 am	June 10 Garlic Lovers 5:00 pm (Host Maureen) Game Night 7 pm
June 11 Outdoor Tennis 10 am Potluck 2 pm Speaker Malcom Kogut Games 4 pm	June 12 Newsletter Deadline <u>Email all</u> <u>submissions by this</u> <u>date</u>	June 13 Real World 7 pm "What's New in the News" (Facilitator: Dave C.) Blessings at 9 pm	June 14 bowling 7 pm Dance lesson 7 pm	June 15 Outdoorsy 9:30 am Mahjong/Games 12 noon	June 16 Golf 8 am Take-out Picnic @ The Crossings 5 pm Hosts Dave & Bonnie	June 17 Game Night 7 pm
June 18 Outdoor Tennis 10 am Potluck 2 pm Games 4 pm	June 19 	June 20 Real World 7 pm Surprise Night Facilitator TBA (Watch your weekly email) Blessings at 9 pm	June 21 bowling 7 pm Dance Lesson 7 pm	June 22 Outdoorsy 9:30 am Mahjong/Games 12 noon Writer's workshop 7 pm	June 23 Golf 8 am Big Variety Night Improv & Magicians 7 pm	June 24 Lakeview Restaurant 4:30 pm (Host Maureen) Game Night 7 pm
June 25 Outdoor Tennis 10 am Potluck 2 pm Speaker - Poet Therese Broderick Games 4 pm	June 26 Lunch & a movie noon noon	June 27 Real World 7pm "Strain Your Brain" (Facilitator: Maria) Blessings at 9 pm	June 28 bowling 7 pm Dance Lesson 7 pm	June 29 Outdoorsy 9:30 am Mahjong/Games @ 12 Noon	June 30	July 1 Game Night 7 pm

Special Note: In case of cancellations, you can check our Facebook page for updates as well as watching your inbox for an email or you can call 518-530-7440 for the latest information.

Annie's Corner

Can you really believe Predictions?

Here are a few predictions that may have missed their mark!

1. "There is not the slightest indication that nuclear energy will ever be obtainable. It would mean that the atom would have to be shattered at will." -- Albert Einstein 1931
2. "We don't like their sound, and guitar music is on the way out." -- Decca Recording Company declining to sign the Beatles 1962
3. "The telephone has too many shortcomings to be seriously considered as a means of communication. The device is inherently of no value to us." -- Western Union internal memo 1876
4. "Regan doesn't have that presidential look." -- United Artists executive after rejecting Reagan as lead in the 1964 film The Best Man.
5. "Rain travel at high speed is not possible because Dionysius Lardner 1830
6. "I think there is a world market for maybe five computers." -- Thomas Watson, Chairman of IBM 1943
7. "X-Rays will prove to be a hoax." -- Lord Kelvin, President of the Royal Society 1883
8. "The Horse is here to stay but the automobile is only a novelty -- a fad." -- President of the Michigan Savings Bank advising Henry Ford's lawyer no to invest in the Ford Motor Co. 1903
9. "Television won't last because people will soon get tired of staring at a plywood box every night." -- Darryl Zanuck, movie producer, 20th Century Fox 1946
10. "No one will pay good money to get from Berlin to Potsdam in one hour when he can ride his horse there in one day for free." -- King William 1 of Prussia discussing trains 1864
11. "There is no reason for any individual to have a computer in his home." -- Ken Olson, President, Chairman and founder of Digital Equipment Corporation (DEC) in a talk given in 1977 World Future Society meeting in Boston.
12. "If excessive smoking actually plays a role in the production of lung cancer, it seems to be a minor one." -- W.C. Heuper, National Cancer Institute 1954.

The Air That We Breathe

Time decides who we meet in our life. Our heart decides who we keep in our life. But the love, the bond, the respect, passed down for family members decides what will always stay in our life.

The air that we breathe.

I am so thankful for this endless faith, this timeless courage, and this beautiful energy to never quit.

The air that we breathe

Better not give up. It is so peaceful to wake up to another new day. I felt so sad that I was unable to facilitate Real World on April 28,2023. I hope that I will get another opportunity sometime this year. Thank you thank you, thank you, to all of you who showed up to hang out with me and thank you Maria for filling in for me, I appreciate you.

Happy Mother's Day Happy Father's Day.

I'm ready to celebrate Juneteenth on June 19th, and I'm ready to celebrate the 1st day of summer on June 21st. My summer is my favorite time of year, looking forward to doing a lot of fun things and hopefully I will run into you.

May God continue to bless us through the air that we breathe. Love, Miss Carla Page

Sorry

By Ed Bardon

*How do I begin to say
The many thoughts of you
That fill my head*

*The feeling of joy
When you were born
Those tiny hands and tiny feet
That beautiful mop of dark
Hair that covered your head*

*Time, like the light of day
Flew by
A word then two
Then walking turned to running
Oh, so through*

*As you went through school
I was so proud
Sometimes I forgot to tell
You often enough*

*Please believe me
I was beaming on the inside
You were like me in so many ways*

*Time waits for no one
Time waits for no one
Yesterday is just a few words
N the book of life*

*Today a new beginning
Yesterday is lost to us
Now we must begin the new
I shall try my best
To be the father you would want me to be*

The Brook of Life

By Maureen Laird

*Where destiny shall lead me
I shall follow
As I step from stone to stone
To cross the brook of life*

Activities for Singles
June 2023 Newsletter
518-452-6883

Singles Outreach Services Inc.
Hanover Square Bldg.
435 New Karner Road Box 301,
Albany, NY 12205
Community Room located at
Hanover Square (Hill Entrance)

Check out all our June Events
INCLUDING

**BIG VARIETY SHOW ON
JUNE 23**

**PLACE
STAMP
HERE**

June 2023 Activities for Singles

www.SinglesOutreach.org
SOS@SinglesOutreach.org



Coming in July

Fourth of July Picnic

Watch for a Cruise on Lake George

Directions: From 2W of Northway, go West on Central Ave. for 1.7 mi, turn right on New Karner Rd. (Rt. 155 – Rite Aid on corner)) for 0.6 mi. Hanover Square is on the right, set back from the road. Middle door on right side of bldg. is labeled "Hill St." entrance. In lobby, left door on ground floor.

Membership Form for Singles Outreach Services Inc --- Annual Dues \$30 – Make Checks payable to Singles Outreach -
- Mail to: 435 N. Karner Road Box 301, Albany NY 12205

Check one: ___ New Member or ___ Renewal Member Number if renewal _____

Print Name Clearly: _____ Phone # _____

Street Address: _____ Apt. ___ City: _____ State _____ Zip _____

Email Address – print clearly: _____ Date: _____

You will receive Weekly Activities Updates emailed to this address.

Please place your signature below signifying that you are one of the following: not currently married, divorced, single, legally separated or

Volunteers Always Needed! Do you have time to host an event or an idea for an event to be held in our community room? If so, please contact us we are always looking for new idea.

Singles Outreach Officers: President: David Freeman; **1st Vice President** Esther Miklic; **2nd Vice President:** Gerald Boileau; **Secretary:** Pat Clarke; **Notetaker:** Ann Parillo; **Treasurer:** Scott Stewart; **Asst. Treasurer** Luella Dozois; **Programming:** Bonnie Lee Russell, **Advisors** Jerry Durovic, Maria Immediato, Ann Parillo, Loretta Raymond and Joan Slingerland. **Executive Director** Ann Parillo. **Heading up the following activities: Bowling:** Judy DesChamps; **Game Night:** Luella Dozois & Dave Freeman, **Memberships:** Luella Dozois **Member Communication and PR:** Ann Parillo; **Marketing** Debra Gugig-Bauer **Newsletter** Dave Freeman, **Weekly Updates:** Scott Stewart; **Outdoor Activities:** John Feret; **Real World:** Maria Immediato; **Programming:** Bonnie Russell, **Tennis:** Dan Streever & John A’Gati, **Facilities & Mahjong** Pat Clarke; **Golf:** Martha Zibro