

Singles Outreach Services --- May's featured Activities

- ❖ Every Wednesday Social Dance Lessons 7:00 P.M.
- ❖ Thursday May 4th Board Meeting 10:00 A.M. open to members
- ❖ Thursday May 4th Writers Workshop 7 p.m. with Joe Sweeney
- ❖ Friday May 5th 6:00 P.M. Cinco De Mayo Potluck party
- ❖ Saturday May 6th Dinner with Ann at Galleria 7, 5::00 pm
- ❖ Sunday May 7th 3:00 P.M. Speaker Phil Bayly
- ❖ Friday May 12th Musicals with Annie 7:00 P.M.
- ❖ Saturday May 13th lunch at Alexis Diner noon
- ❖ Sunday May 14th Free potluck 2:00 pm
- ❖ Tuesday May 16th Pasta Mama
- ❖ Friday May 19th concert 8:00 P.M. Lisa & the Time Benders
- ❖ Saturday May 20nd Dinner with Maureen at Carrabba's 4:30
- ❖ Sunday May 21st Speaker Hollis Palmer 3:00
- ❖ Friday May 26th Dessert Social 7:00 p.m.
- ❖ Monday May 29th Memorial Day Picnic noon Don Hyman @ 2:30



Dance, Dance, Dance, Lessons, Lessons, Lessons,

Wednesday Weekly dance lessons for social dancing with instructor Joe Sweeney beginning at 7:00 P.M in our community room 435 New Karner Road "Hill St. Door". \$10 per lesson.

Writers Workshop

Thursday May 4th, a series of writing workshops (1 per month) will be hosted by Joe Sweeney 7:00 p.m.

Cinco De Mayo Party

Join us May 5th as we celebrate the Mexican Holiday "Cinco De Mayo" at 6:00 p.m. starting with a Mexican foods potluck, bring your favorite Mexican dish to share. Trivia, Mexican bingo and more!! \$5 with a dish \$10 without.

Speaker Phil Bayly

Sun May 7 – Presenter after Sunday Potluck. We are pleased that Author, Phil Bayly, has agreed to come and tell us about his Murder on Skis Mystery Series. This is well received and he is a finalist in the Chanticleer International Book Awards for his series. Mr. Bayly is a retired Anchor at WNYT. He is an avid skier.

Bingo

Join in the fun of Bingo Monday Afternoons May 8th & 22nd , at 1:30 p.m. Play for fun and prizes. 5 exciting rounds, 4 cards to play, 3 games per round, 2 afternoons this month, 1 fun caller Scott S. \$4/6

Musicals with Annie “Guys & Dolls’

Musical Movie Night “Guys & Dolls” – Pay what you will:– Friday May 12th 7:00 p.m. - Marlon Brando, Frank Sinatra and many more stars will surprise and delight you with their talent. These are the songs that you remember. Feel free to sing along!

Free Potluck

Sunday May 14th 2:00 p.m. our regular potluck will be offered free to those bringing a dish to pass, and \$5 to those without

Pasta Mama Tues. May 16 – Join us at 2 pm to hear Pasta Mama (Denise Raucci-Ritz) share her talents as a baker and caterer of Italian foods and more. She’ll share ideas and her passion for cooking. She has appeared on TV and has given presentations. This is a Pay What You Will event.

Concert Lisa & the Time Benders

Friday May 19th Concert by the Time Benders Combo. They recently released an album and have been performing at venues in the area. They play it all, Rock, Folk, Blues and Jazz. Something for everyone. \$10 pp

Speaker Hollis Palmer

Sunday May 21st Guest Presenter: Hollis Palmer., Author Palmer writes historical fiction books about Saratoga in the Gilded Age. He researches the people, the events, the politics and morals of the times and weaves all of this into stories based on real events. Learn about Saratoga in a new way.

Dessert Social

Friday May 26th 7:00 p.m. Join friends and share good desserts and good times \$5 with a dessert, \$10 without.

Memorial Day Extravaganza

Come on over and join us in kicking off summer with our Memorial Day Extravaganza. A full afternoon of fun with friends, doors opening at noon. Lunch served at 1:00 p.m. food provided by Singles Outreach will serve hot dogs, hamburgers, a variety of sides and desserts. A concert by Don :The Soulman “ Hyman at 2:30. Enjoy music, dancing, games, cards, laughter, friends, fun, and more. Held at 435 New Karner Road \$14.00

Loss of a Dear Friend Virginia “Ginny” Dollar

On March 30th We at S.O.S. learned of the loss of member #10 and dear friend Virginia “Ginny” Dollar. Ginny was a very supportive member and proud of the fact she was #10. She enjoyed picnics, game night, and bingo. I didn’t get to know Ginny as well as I would have liked she is a good friend we enjoyed many times together playing Rumikub, Ginny will be sadly missed, but happily remembered.

Weekly Events**Sundays May 7, 14, 21, 28**

- Outdoor tennis 10:00 a.m. contact Dan at 518-629-0088 for details
- Potluck dinner 2:00 p.m. Free in May
- Darts/cards/games 4:00 p.m.

Attend Potluck, Games, for one price. \$4/6

Tuesdays May 2, 9, 16, 23, 30,

- Real World discussion group 7:00 p.m. \$4/6
- May 2,
- May 9,
- May 16,
- May 23,
- May 30,
- Blessings Tavern after Real World 9 pm

Wednesdays May 10, 17, 24, 31

- Open bowling 6:15 at Sportsman Bowl 1652 Crane St Rotterdam \$10.00 includes 3 games and shoes. Contact Judy at 518-374-0765 for information.
- Social Dance Lessons 7:00 p.m.

Thursday May 4, 11, 18, 25,

- Outdoorsy stuff 9:30 a.m. Enjoy walking and/or biking with a great group of friends followed by a lunch at a place chosen by the group. Contact John at vabchpop@aol.com for details. A different location each week get on the email list today!
- Mahjong -- come and share the fun. Noon \$4/6

Fridays May 5, 12, 19, 26,

- Golf 8:00 a.m. Mill Road Acres Golf course 30 Mill Road Latham contact Martha at 518-238-2436 for info.

Saturdays May 6, 13, 20, 27,

- Game Night 7:00 p.m. enjoy an evening of games/cards with friends. Got a game you want to play bring it along. \$4/6

Special Events**Thursday May 4,**

- Board Meeting 10 a.m. Open to members
- Writing workshop 7 p.m. Led by Joe Sweeney.

Friday May 5,

- Cinco De Mayo Potluck Party 6:00 p.m. Bring a Mexican dish to share. 5 with a dish, 10 without.

Saturday May 6

- Dinner at Galleria 7, 1214 Troy-Schenectady Road host Ann 5:00 p.,m.

Sunday May 7,

- Speaker Phil Bayly 3:00 p.m.

Monday May 8,

- Bingo 1:30 p.m. for fun and prizes. \$4/6

Friday May 12,

- Musical "Guys and Dolls" 7:00 p.m. host Ann P. a pay what you will event.

Saturday May 13,

- Lunch at Alexis diner noon 214 N. Greenbush Road Troy meet in lobby, call Maureen for headcount 518-410-2207 please be fully vaccinated.

Sunday May 14,

- Free potluck 2:00 p.m. just bring a dish to pass. Free with dish, \$5 without

Monday May 15,

- Newsletter submission deadline

Tuesday May 16,

Pasta Mama 2:00 p.m.

Friday May 19,

- Concert Lisa & The Time Benders 7:00 p.m. \$10

Saturday May 20,

- Dinner at Carrabba's Italian Grill 675 Troy-Schenectady Road Latham 4:30 R.S.V.P. by May 18 to Maureen 518410-2207 please be fully vaccinated.

Sunday May 21,

- Speaker Hollis Palmer 3:00 p.m.

Monday May 22,

- Bingo 1:30 p.m. for fun and prizes. \$4/6
- Newsletter mailing

Friday May 26,

- Dessert Social 7:00 p.m. bring a dessert to share. 45 with dessert \$10 without.

Monday May 29,

Memorial Day

Picnic Extravaganza Noon

Doors open at noon, lunch served at 1:00 food provided by S.O.S. hot dogs, hamburgers, with a variety of sides and desserts. Don Hyman in concert at 2:30. Enjoy music, food, dancing, games, cards, and more!!! \$14.00

May 2023 Calendar

Singles Outreach Services & Capital Region Social Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 30 Indoor Tennis 10:30/11:30 Potluck 2 pm Games 4 pm	May 1	May 2 Real World 7pm Blessings at 9 pm	May 3 Bowling Banquet Dance lesson 7 pm	May 4 Outdoorsy 9:30 am Board Mtg 10 am Mahjong noon Writers workshop 7 pm	May 5 Golf 8 a.m. "Cinco de Mayo potluck 6:00 pm"	May 6 Galleria 7 Dining Adv. 5 pm Game Night 7 pm
May 7 Indoor Tennis 10 am Potluck 2 Phil Bayly 3 pm Games 4 pm	May 8 BINGO 1:30 pm	May 9 Real World 7 pm Blessings at 9 pm	May 10 bowling 6:15 pm Dance lesson 7 pm	May 11 Outdoorsy 9:30 am Mahjong/games 12 Noon	May 12 Golf 8 a.m. Anns Musical 7 pm "Guys & Dolls"	May 13 Lunch at Alexis Diner noon Game Night 7 pm
May 14 Outdoor Tennis 10 am Mothers Day Free Potluck 2 pm Games 4 pm	May 15 Newsletter Deadline <u>Email all submissions by this date</u>	May 16 Pasta Mama 2 pm Real World 7 pm Blessings at 9 pm	May 17 bowling 6:15 pm Dance lesson 7 pm	May 18 Outdoorsy 9:30 am Mahjong/Games 12 noon	May 19 Golf 8 a.m. Lisa & the Time benders In Concert 7:00 p.m.	May 20 Dining Carraba's 4:30 Game Night 7 pm
May 21 Outdoor Tennis 10 am Potluck 2 pm Spkr. Hollis Palmer Games 4 pm	May 22 Bingo 1:30 Newsletter Mailing	May 23 Real World 7 pm Blessings at 9 pm	May 24 bowling 6:15 pm Dance Lesson 7 pm	May 25 Outdoorsy 9:30 am Mahjong/Games 12 noon	May 26 Golf 8 a.m. Dessert Social 7:00 pm	May 27 Game Night 7 pm
May 28 Outdoor Tennis 10 am Potluck 2 pm Games 4 pm	May 29 Memorial Day picnic noon	May 30 Real World 7 Blessings at 9 pm	May 31 bowling 6:15 pm Dance Lesson 7 pm	June 1 Outdoorsy 9:30 am Board Mtg 10 am Mahjong/Games @ 12 Noon	June 2	June 3 Game Night 7 pm

Special Note: In case of inclement weather, you can check our Facebook page for updates as well as watching your inbox for an email or you can call 518-530-7440 for the latest information.

Spring**By Bonnie Lee Russell**

When the last snowfall
 Fertilizes the soil with moisture,
 Awakening crocuses to bloom
 And the grass to turn green,
 It is spring.
 When bunnies hop out of burrows
 The sound of geese returning
 Home to nest and fawns hiding.
 In a thicket within the woods
 It is spring.
 When the sweet scent of
 Tree blossoms fill the air.
 And in these trees' robins
 Are building a family nest.
 It is spring.
 When the days get longer
 And west winds bring warmth.
 Awakens the Kerner Blue Butterfly
 From their winters egg
 It it spring
 Time for a refreshing moment
 Take a step outside.
 Feel the tranquility of nature.
 Let it brighten your life.
 Spring forward

Beyond The Sky Still no**Limits**

Greetings to another month, I want to start off by saying "Everything is going to be alright all is well and well is all! "

My continuous aha moments is knowing I have many great reasons to wake up get up and start up every morning. So looking forward to a great spring and summer, with over the top reconnecting with family and friends and travel.

I am also looking forward to running into you. I am believing for miracles to overtake me. May we share our adventures and journeys keeping the faith at a real world in the future. Love ya

By Miss Carla Page

Why**By Ed Bardon**

How did it happen
 In such sudden way?
 Love that should have lasted
 Forever, gone in a day
 Memories of sunny days
 Filled with laughter
 Filled with fun
 Warm evenings where
 We two become one
 Why, why
 Did the day become dark as night
 Things were said and done
 Things that would never be alright
 Just as the dark leaves
 With the dawning light
 Things from yesterday are gone
 whether they were wrong or right
 Things from the past
 Are gone at last
 This sad to say, is not always true
 For now there is a dark wall
 Forever between me and you
 So sad this day
 It did not have to end
 This way

The Brook of Life**By Maureen Laird**

Where destiny
 Shall lead me
 I shall follow
 As I step from
 Stone to stone
 To cross the
 Brook of life

Annie's Corner**What about the 5th of May?**

Sure, we all know about Cinco de Mayo but what about the other days? Did you know that is also National Astronaut Day, National Space Day, National Hoagie Day, International Midwives' Day and even National No-pants Day. Who knew? There was also a movie "Seven Days in May" although I don't remember which days. But, let's chat about Cinco de Mayo since it seems to be the date that gets the most attention. This is the day that Mexico celebrates their victory over the Second French Empire at the battle of Puebla in 1862. This was a morale booster for Mexico. In the US this date has become a way to celebrate the Mexican-American culture. This celebration started in California around 1863 and has continued since. Grab a taco and celebrate. National Astronauts Day is named for May 5, 1961; dedicated to the Human Space Flight piloted by Alan Shepard. National Hoagie Day! And what's a Hoagie? People in Philly and South Jersey called a long Italian roll filled with meats and other fillings a "hoagie". Yes, it's like a sub. Just another name. So, grab a Hoagie, Sub or Taco and celebrate the day! Oh yeah, and keep your pants on!

A big thank you to our newsletter contributors,. Do you have something to share? Send in your poem article joke, riddle, recipe, sos memory. Etc.

Singles Outreach Services Inc.
 Hanover Square
 435 New Karner Road box 301
 Albany N.Y. 12205

Activities for Singles
May 2023 Newsletter
518-452-6883

Singles Outreach Services Inc.
Hanover Square Bldg.
435 New Karner Road Box 301,
Albany, NY 12205
Community Room located at
Hanover Square (Hill Entrance)

Check out all our March Events
Speakers & Concerts & Parties
Movie at Noon

**PLACE
STAMP
HERE**

May 2023 Activities for Singles

www.SinglesOutreach.org

A NYS Non-Profit Corporation – Est. 1985



Directions: From 2W of Northway, go West on Central Ave. for 1.7 mi, turn right on New Karner Rd. (Rt. 155 – Rite Aid on corner)) for 0.6 mi. Hanover Square is on the right, set back from the road. Middle door on right side of bldg. is labeled "Hill St." entrance. In lobby, left door on ground floor.

Membership Form for Singles Outreach Services Inc --- Annual Dues \$30 – Make Checks payable to Singles Outreach -
- Mail to: 435 N. Karner Road Box 301, Albany NY 12205

Check one: ___ New Member or ___ Renewal Member Number if renewal _____

Print Name Clearly: _____ Phone # _____

Street Address: _____ Apt. ___ City: _____ State ___ Zip _____

Email Address – print clearly: _____ Date: _____

You will receive Weekly Activities Updates emailed to this address.

Please place your signature below signifying that you are one of the following: not currently married, divorced, single, legally separated or

Volunteers Always Needed! Do you have time to host an event or an idea for an event to be held in our community room? If so, please contact us we are always looking for new idea.

Singles Outreach Officers: President: David Freeman; **1st Vice President** Esther Miklic; **2nd Vice President:** Gerald Boileau; **Secretary:** Pat Clarke; **Notetaker:** Ann Parillo; **Treasurer:** Scott Stewart; **Asst. Treasurer** Luella Dozois; **Additional Board Members:** Bonnie Lee Russell, **Advisors** Jerry Durovic, Maria Immediato, Ann Parillo, Loretta Raymond and Joan Slingerland. **Executive Director** Ann Parillo. **Heading up the following activities: Bowling:** Judy DesChamps; **Game Night:** Luella Dozois & Dave Freeman, **Memberships:** Luella Dozois **Member Communication and PR:** Ann Parillo; **Newsletter** Dave Freeman, **Weekly Updates:** Scott Stewart; **Outdoor Activities:** John Feret; **Real World:** Maria Immediato; **Programming:** Bonnie Russell, **Tennis:** Dan Streever & John A’Gati, **Facilities & Mahjong** Pat Clarke.