

**Singles Outreach Services Inc.
November Activities**

“Defy The Naysayers”

Thursday, November 3rd 7:00 p.m.

A naysayer can be your internal critic or a voice of authority that tells you what you cannot or should not do.

Have you ever wanted to do something that you were passionate about, but someone told you your dream was unrealistic, or impossible, or have your own doubts or fears discouraged you?

Have you ever felt you did not get what you deserved from a company or agency?

Debra Gugig Bauer CRC Founder and creator of Catalysts For Change consulting and training associates is a coach, trainer, and public speaker who has worked in human services and business.

Debra has counseled individuals with disabilities including addiction, blindness, and mental health issues.

As a business boot camp instructor, she has taught marketing and promotion.

Debra has advocated for countless individuals who were unable to get assistance from local or federal agencies.

She has also has a wealth of experience in defying naysayers including her own internal critic and those so called experts.

Debra discovered that with the right approach and tools you can often fight city hall and win!!

Join Debra for a lively discussion about how you can work with both types of naysayers.

Debra will share a few success stories and will invite audience members to share examples of their challenges with naysayers either their inner critic or those so called experts. \$10

**The Man Who Found Hitler’s Hat
Film and Discussion with Ann Parillo
Friday, November 11th 7:00 pm
A tribute on Veteran’s Day**

In this remarkable film, we will learn about Richard Marowitz and this young man’s incredible find in an apartment in Munich the day after he entered & helped liberate the Dachau concentration camp at the end of WWII. Richard Marowitz was born in 1926 & raised in Brooklyn and lived in Colonie and died in 2014 at the age of 88. I had the privilege of interviewing him three times. He was a delightful interview with a great sense of humor. He loved magic and that became part of his interesting find. What magician doesn’t love a top hat? Richard Marowitz was the “Man Who Found Hitler’s Hat”. In this film, which includes the acclaimed documentary, you will learn about, not only his war experience, but what happened after he returned to home. Please join me for his riveting story and discussion afterwards. Submitted by Ann Parillo.

Bingo

Bingo for fun and prizes is now being offered as a weekly event. Will be held every Monday at 1:30.

Tuesdays are Twos days

We are beginning to offer members a deal to attend two events for a reduced rate. Beginning in November we are offering a event every Tuesday at 4:30 prior to Real World at 7:00 p.m. attend both fun events for one low price of \$6.00.

Holiday Potluck

Sunday, November 20th 2:00 p.m. come and enjoy our Thanksgiving Potluck. Singles Outreach will provide the turkey. Bring a holiday side dish to share. \$4/6 with a dish \$10 without. We also have a speaker at 3:00 pm. (see below)

Speaker Bernadette Fuller

Sunday November 20th 3:00 p.m. We have Bernadette Fuller joining us as a speaker. Bernadette will be speaking on auto and renters' insurance. She will also be accompanied by an agent to speak on health and life insurance.

Writers Group

Tuesday November 15, our writers' group will be meeting at 4:30. Join us for the group and stay to enjoy our Real-World Discussion group at 7:00 and experience both events for one price of \$6.

Singer Edd Clifford

Singer Edd Clifford (The Human Jukebox), the man of many voices will be here on Friday November 4th at 7:00 p.m. to entertain us with his talents. Come and see if your favorite artist will be portrayed. \$12

Driving at Hanover Square

When driving on the property of Hanover Square, we have been asked to maintain a speed of 10 mph.

Singer Debbie Fish

& Dan Kirsner

Join us on Friday November 18th, to enjoy this duo and their singing and guitar playing. Both artists with experience of appearing in Nashville will be here to entertain us at 7:00 p.m. A great evening of country music.

Darts on Tuesdays

As a part of our new Tuesdays twos days program, we will be offering darts at 4:30 on various Tuesdays during the month. \$4 or stay for Real World and enjoy both events for \$6

Ornament Painting

Tuesday November 8th 4:30 come and paint a few fall ornaments. \$4 or Stay for Real World and enjoy both events for \$6 as part of our Tuesdays Twos Days program.

Starting Over Single

Singles Outreach Services Inc. is starting a new program called Starting Over Single. This program is being designed to help those new to single life.

We will be offering "listener friends" to be available to listen to your concerns, we can also offer contact information of a professional to further assist those in need.

Our new Sunday Speaker program will also be a part of this by offering a speaker on Sundays at 3:00 p.m. to touch on subjects we face when becoming single, these speakers can also be scheduled to come back on a Thursday Evening for further discussion and a more in-depth presentation. For more information or assistance call our office at 518-452-6883.

Sundays November 6,13,20,27

- Indoor tennis 10:00 & 11:30 am contact Dan at 518-629-0088 for details
- Potluck dinner 2:00 p.m. \$4/6 with a dish to pass \$10.00 without.
- Darts/cards/games 4:00 p.m.

Attend Potluck, Games, for one price. \$4/6

Mondays November 7,14,21,28

- Bingo for fun and prizes 1:30 \$4/6

Tuesdays November 1,8,15,22,29,

Real World discussion group 7:00 p.m. \$4/6

- November 1 "Never Have I Ever" Joan
- November 8, "Sounds of Silence" Linda
- November 15, "What's New in The News" Dave C
- November 22, "I Wish I Was" Joan
- November 29, "Our Family Tree" Carla
- Blessings Tavern for snacks 9:00 p.m. after each Real World – 1116 Watervliet Shaker Rd.

Wednesdays November 2, 9,16,23,30,

- League and open bowling 6:15 at spare time lanes Route 2 Latham \$15.00 includes 3 games and shoes. Contact Judy at 518-374-0765 for information.

Thursdays November 3, 10, 17,

- Outdoorsy stuff 9:30 a.m. Enjoy walking and/or biking with a great group of friends followed by a lunch at a place chosen by the group. Contact John at vabchpop@aol.com for details. A different location each week get on the email list today!
- Mahjong -- come and share the fun. Noon \$4/6

Saturdays November 5,12,19,26,

- Game Night 7:00 p.m. enjoy an evening of games/cards with friends. Got a game you want to play bring it along. \$4/6

Special Events**Tuesday November 1,**

- Darts 4:30

Thursday November 3,

- Board Meeting 10:00 am open to members.
- Presentation by Debra Gugig Bauer 7:00 pm see page 1

Friday November 4,

- Edd Clifford (The Human Jukebox) in concert 7:00 p.m. \$12

Saturday November 5,

- Dinner at Garlic Lovers Restaurant 235 N. Greenbush Road 5 pm please be fully vaccinated R.S.V.P. Maureen 518-410-2207

Tuesday November 8,

- Ornament painting 4:30 pm

Friday November 11,

- The Man Who Found Hitler's Hat (pg. 1) 7 pm

Monday November 14,

- Newsletter Deadline

Tuesday November 15,

- Maria's writers group 4:30

Friday November 18,

- Debbie Fish in Concert (Country Music) 7 pm

Sunday November 20,

- Holiday Potluck
- Speaker Bernadette Fuller 3 pm

Monday November 21,

- Newsletters Mailed

Tuesday November 22,

- Darts 4:30

Tuesday November 29. Darts 4:30

Annie's Corner

What Happened in 1982?

Here are a few things you might remember or be interested in.

- The Commodore 64 computer went on sale. Sold for \$595. (1 MHz processor & 64 kilobytes of RAM.
- Ground was broken in Washington DC for the Vietnam Memorial.
- The movie ET was released.
- Michael Jackson releases the album "Thriller".
- Pop Music: Eye of the Tiger (Survivor); I Love Rock n' Roll (Joan Jett & the Blackhearts); Hurts So Good (John Cougar); Any Day Now (Ronnie Milsap)
- # 1 Country Song "You Were Always on My Mind" (Willie Nelson)
- Movies: Sophie's Choice; Blade Runner; Tootsie
- AT& T monopoly was ordered to break up.
- Argentina invades the Falkland Islands.
- Disney's EPCOT center opens.
- Postage stamps are 20 cents
- Dow Jones closes at 1046
- Inflation Rate is 6.16%
- SONY 19 inch TV sells for \$499.

Me and My Shadow

Love, Miss Carla Page

A shadow is a dark area or shape produced by a body coming between rays of light and a surface. Everywhere that I go my shadow is not far behind. And she walks with me and she talks with me. Our shadow is also called a silhouette. We can sure have a lot of fun and memorable good times entertaining and interacting with our shadow. When I am in a hurry my shadow is in a hurry. When I slow down my shadow slows down. When I am dancing and clapping my shadow is the perfect partner. You can run but you can't hide from your shadow.

Have you ever posed for a picture for a silhouette effect? I have in the past several times my family also. They came out great, and looked real classy. Especially put in our favorite frames. Do

you remember the song "Me and my Shadow"? It hit the scene in 1927, the lyrics by Billy Rose, music composed and arranged by Dave Dreyer more than 40 people sang or recorded it. Most of who you would know: Julie London, Judy Garland, Frank Sinatra, Sammy Davis Jr., Pearl Bailey, Bing Crosby, and Vic Damone. Just to name a few. Let's do the song Please sing the chorus along with me.

1,2,3, "Me and my shadow strolling down the avenue Just me and my shadow not a soul to tell our troubles to. Me and my shadow strolling down the avenue. I hear you singing. Alright now good job! Can't you just see Sammy Davis Jr tapping to this song dressed to the nines. In closing shadow you are my best friend. (We are besties) always there with me whatever I do my shadow does it with me I'm glad that I have you. Now come Carla Page and her shadow the world is waiting for us.

P.S. Never leave home without your shadow.

Tuesday November 29th 7:00 p.m. Carla will host our real world Topic "Your Family Tree" We will discuss our wonderful nationalities.



A Place

By Ed Bardon

The sun wraps itself around my face
like a warm winter scarf
The trees branches sway and twist
Like dancers in the park
Flowers, red, yellow, and white,
Move about like little clowns full of delight,
The air abounds with joyous sounds
Birds chirping, small children laughing
A dog barks oh so free
In the distance the throb of a train whistle
Brings back reality
I breathe a deep sigh realizing all too soon
I am not out in the far countryside
Alas here I stand in a city park
The last island of a cities pride

NOV. 2022 Calendar

Speakers and much, much more!

Singles Outreach Services & Capital Region Social Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 30 Indoor Tennis 10 & 11:30 am Potluck 2 pm Games 4 pm	October 31 Happy Halloween Bingo 1:30 pm	Nov. 1 Darts 4:30 Real World 7 pm "Never Have I Ever" Joan Blessings at 9 pm	Nov. 2 Open bowling 6:15 pm	Nov. 3 Outdoorsy 9:30 am Meeting 10 am Mahjong noon Debra Bauer 7 pm	Nov. 4 Edd Clifford The Human Jukebox 7 pm	Nov. 5 Dinner at Garlic Lovers 5 pm Game Night 7 pm
Nov. 6 Indoor Tennis 10 & 11:30 am Potluck 2 pm Games 4 pm	Nov. 7 BINGO 1:30 pm	Nov. 8 Ornament painting 4:30 Real World 7 pm "Sounds of Silence" Linda Blessings at 9 pm	Nov. 9 League & Open bowling 6:15 pm	Nov. 10 Outdoorsy 9:30 am Mahjong/Games 12 Noon	Nov. 11 Movie & Discussion "The Man Who Found Hitler's Hat" 7:00 pm	Nov. 12 Game Night 7 pm
Nov. 13 Indoor Tennis 10:30/11:30 Potluck 2 pm Games 4 pm	Nov. 14 Newsletter Deadline Email all <u>submissions by this date</u> BINGO 1:30 pm	Nov. 15 Maria's Writers Group 4:30, Real World 7 pm "What's New in The News?" Dave C. Blessings 9 pm	Nov. 16 League & Open bowling 6:15 pm	Nov. 17 Outdoorsy 9:30 am Mahjong/Games 12 noon	Nov. 18 Debbie Fish Performing Country Music 7 pm	Nov. 19 Game Night 7 pm
Nov. 20 Indoor Tennis 10:30/11:30 Holiday Turkey Potluck 2 pm Speaker 3 pm Games 4 pm	Nov. 21 Newsletter Mailing BINGO 1:30 pm	Nov. 22 Darts 4:30 Real World 7 pm "I Wish I Was" Joan Blessings 9 pm	Nov. 23 League & Open bowling 6:15 pm	Nov. 24 Happy Thanksgiving	Nov. 25	Nov. 26 Game Night 7 pm
Nov. 27 Indoor Tennis 10:30/11:30 Potluck 2 pm Games 4 pm	Nov. 28 BINGO 1:30 pm	Nov. 29 Darts 4:30 Real World 7 pm "Our Family Tree" Carla Blessings 9 pm	Nov. 30 League & Open bowling 6:15 pm	Dec. 1 Outdoorsy 9:30 am Mahjong/Games @ 12 Noon	Dec. 2 Don Hyman Concert 7:00 pm	Dec. 3 Game Night 7 pm

Activities for Singles
November 2022 Newsletter
518-452-6883

Singles Outreach Services Inc.
Hanover Square Bldg.
435 New Karner Road Box 301,
Albany, NY 12205
Community Room located at
Hanover Square (Hill Entrance)

Check out all our "field Trips" this month.
We're having fun checking out the
wonderful events in our area. Consider
Joining us!

**PLACE
STAMP
HERE**

November 2022 Activities for Singles

www.SinglesOutreach.org

A NYS Non-Profit Corporation – Est. 1985



Dec. 2, Don Hyman

Dec. 16, Ed Salvo

Dec. 18, Holiday Potluck

Directions: From 2W of Northway, go West on Central Ave. for 1.7 mi, turn right on New Karner Rd. (Rt. 155 – Rite Aid on corner)) for 0.6 mi. Hanover Square is on the right, set back from the road. Middle door on right side of bldg. is labeled "Hill St." entrance. In lobby, left door on ground floor.

Membership Form for Singles Outreach Services Inc --- Annual Dues \$30 – Make Checks payable to Singles Outreach -
- Mail to: 435 N. Karner Road Box 301, Albany NY 12205

Check one: ___ New Member or ___ Renewal Member Number if renewal _____

Print Name Clearly: _____ Phone # _____

Street Address: _____ Apt. ____ City: _____ State ____ Zip _____

Email Address – print clearly: _____ Date: _____

You will receive Weekly Activities Updates emailed to this address.

Please place your signature below signifying that you are one of the following: not currently married, divorced, single, legally separated or

Volunteers Always Needed! Do you have time to host an event or an idea for an event to be held in our community room? If so, please contact us we are always looking for new idea.

Singles Outreach Officers: President: David Freeman; **1st Vice President** Esther Miklic; **2nd Vice President:** Gerald Boileau;

Secretary: Pat Clarke; **Notetaker:** Ann Parillo; **Treasurer:** Scott Stewart; **Asst. Treasurer** Luella Dozois;

Additional Board Members: Joyce Ringermacher, Loretta Raymond, Bonnie Lee Russell, **Advisors** Jerry Durovic, Maria Immediato, Ann Parillo and Joan Slingerland. **Executive Director** Ann Parillo.

Heading up the following activities: Bowling: Judy DesChamps; **Game Night:** Luella Dozois & Dave Freeman, **Memberships:**

Luella Dozois **Member Communication and PR:** Ann Parillo; **Newsletter** Dave Freeman, **Weekly Updates:** Scott Stewart;

Outdoor Activities: John Feret; **Real World:** Maria Immediato; **Programming:** Bonnie Russell, **Tennis:** Dan Streever, **Facilities & Mahjong** Pat Clarke.