

The Singles Scene

Singles
Outreach

SINGLES OUTREACH SERVICES, INC.

*35 years of building community for
Singles in the Capital Region*

Singles Outreach is a NYS not-for-profit corporation. Our mission is to serve the singles community by providing education, activities, and a supportive environment for personal growth and socialization.

DIRECTIONS: From Exit 2W of N'way, go West on Central Ave for 1.7 miles, turn right on New Karner Rd (Rte. 155) for 0.6 mi. Han Sq is on right, set back from road, middle door on right is Hill St.

Singles Outreach Services, Inc.
Hanover Square
435 New Karner Road
Colonie, NY 12205

Renewal Member # _____ New Member
Email address: _____

Singles Outreach Membership Application

\$30 Annual Dues - Mail to:
Singles Outreach, P.O. Box 12511, Albany 12212
Make checks payable to *Singles Outreach*.

Please sign this application signifying that you are either *not married, separated* (living apart from spouse), *divorced or widowed*, include any corrected Name, Address, Home Phone, or Cell Phone.

Signature: _____ Date: _____

Address: _____ Phone: _____

March 2018

U.S. Postage
PAID
PRSR STD
Albany, NY
Permit No. 470

WHAT'S INSIDE?

Mar 4, Potluck **Chili Cook-off**

Hosts: Kathy & Sam G, p 2

Mar 17, Sat, **Rivers Casino**

Luck of the Irish. Host: Ann P, p3

Mar 18, **St. Paddy's Irish potluck**

Hosts: Maureen C. & Loretta R.

ACTIVITY LEADERS

Please send entries for NL to: newsletter@singlesoutreach.org or by mail to P.O. Box 12511, Albany, 12212 or call 518-452-6883. On the email subject line, indicate SOS event or activity. For weekly updates, send your email address to: updates@singlesoutreach.org And, remember when planning activities, that the time and effort you put forth, adds to the joy and well-being of hundreds of singles in Capital Region. **Many thanks for all you do!**

IT'S 2018!

LET'S GO DANCING!

**4th Sunday Community
BALLROOM DANCE
March 25, 2018**

**Polish Community Center
Washington Avenue Ext, Albany**

Dances begin at 6:30 pm with a Group Lesson by **Eileen Spadaro**.

Open Dancing from 7:15 - 10 pm.

Dances include 8 pm Grand March and

8:30 Showcase Dance

Dances include the West Coast Swing/Tango/

Cha Cha/Rumba/Country & Hustle.

50/ 50 Raffle - Snacks available.

We have a Great Crowd and LOTS of Energy!

Cost \$12 pp. **OPEN TO THE PUBLIC.**



Sponsored by Singles Outreach.

REMINDER!
ACTIVITY LEADERS
Deadline for entries for
April newsletter is March 10.

SAVE THE DATE!
Upcoming Ballroom Dance:
Sunday, April 22

Weekly Activities

All activities are held in
Community Room
at Hanover Square
unless otherwise indicated.

Monday

Movie Night: 6 - 11 pm, \$3/\$5.
Bring your favorite snack - group
selects Netflix movie. Hosts: Tom H.,
Ron B. and Margie J.

Tuesday

Real World: 7 pm, \$3/\$5. (See
calendar for topic and host.)

Wednesday

Team & Open Bowling: 8:30
pm. *Spare Time Lanes*, Rte 2,
Latham. Cost \$13 for 3 games
with free shoe rental if needed.
Host: Judy 518-374-0765 (\$1/\$2).

Thursday

Outdoorsy Stuff: (\$1/\$2). Meet
between 9 and 11 am, depending
upon location and weather. Host:
John Feret 488-8792 or
vabchpop@aol.com.

Friday

Community Rm Entertainment:
7 pm. (See page 3 for details &
information on events.)

Saturday

Game Night: 7 pm. (\$1/\$2)
Pinochle, Scrabble, Trivial Pur-
suit Host: Luella 518-233-0996

Sunday

Indoor Tennis: 10 am. (\$1/\$2)
Tri-City Fitness - Call Host: Dan
S. at 518-629-0088 for sign-up, or
email at dstreeve@yahoo.com.

Lunch: 11:15 am. (\$1/\$2)
99 Restaurant, 107 Wolf Rd,
Colonie; last Sunday of month,
Fridays at Stuyvesant Plaza.
Host: Margie 518-640-9651.

Potlucks: 4 pm. Some potlucks
are followed by presenters with
interesting topics; All potlucks are
followed by movies - \$3/\$5 with
dish to share, OR \$10 without
dish.

MARCH 2018 EVENTS

"participation at your own risk"

Unique Sunday Potlucks, \$3/\$5



ANNUAL CHILI COOK-OFF

4 pm, Sunday, March 4

Mix up a batch of your best Chili to
win 1st Prize at our Chili Cook-off.

Please bring your chili hot and ready to
serve, preferably in a crock pot. If you don't have
a Chili

entry, you can be a judge ... Everyone gets to taste
and vote. Bring spinach salads, Italian bread, veg-
gies, rolls, desserts or beverages to share (\$3/\$5 plus
Chili or dish to share, OR \$10 without a dish).

Hosts: Kathy & Sam G.

ST. PADDY'S IRISH POTLUCK

4 pm, Sunday, March 18

Celebrate the Wearin' of the Green!

We bring the corned beef - you bring boiled pota-
toes, cabbage, carrots, onions, rolls and dessert.
Following the potluck, we will be entertained by
Jana H. with some beautiful Irish ballads, together
with some Irish sing-a-longs (\$3/\$5 plus dish to
share, OR \$10 without a dish).

Hosts: Maureen C. & Loretta R.

DINING OUT (\$1/\$2)

Call Maureen L (518-410-2207) for head count.

Coffee and Conversation

1 pm, Sat, March 10. Colonie Diner, 1890 Central
Ave. Come meet your peers and enjoy stimulating
conversation.

Breakfast, 9 am, Sun, March 11

Skyline Diner 314 Columbia St, Rensselaer
(across from Aldi's).

Lunch, 1 pm, Sat, March 17

Panera Bread, 279 Troy Rd, Rensselaer

Dinner, 4:30 pm, Sat, March 24

Olive Garden, 178 Wolf Rd, Colonie

ALERT: ALL MEMBERS

For Newsletter entries, use **NEW** email address:

"newsletter@singlesoutreach.org"

Also, if you are not receiving the Newsletter or
the SOS Weekly Updates via Mailchimp,
please call the office, or email us at

"sos@singlesoutreach.org"

with your preferred email address.



NEW EVENT

Retro Fitness Health Club

1892 Central Ave, Colonie
(Near New Karner Rd (Rte 155))
6 pm, Thursdays

Turbo Kick Boxing - Aerobic
exercise to music in a fun and
lively atmosphere. Meet Tim
at 6 pm at the gym. Come on
out, get fit, lose weight, and be
healthy. \$10 per session.

Host: T. Hoffman.

CLASSIC MOVIES

7 pm, Thursday, March 15

Bogart & Bergman in
Casablanca, 1942
and

2 pm, Tuesday, March 20

Bob Hope Movies
The Ghost Breakers &
The Princess and the Pirate.
Host: Gerald B. (\$3/\$5)

Tuesday Music at Noon

March 13, 11:30 am. (\$1/\$2)
Troy Music Hall, Second &
State Streets. Music: **Blue-
grass/Americana**. Meet on the
first balcony, right center, at
11:30 am. Lunch after concert
at a local café. Call Ed M. for
head count at 518-279-1276
(\$1/\$2).

Saturday Movie Night

Crossgates Mall

March 24, 5:45 pm. Meet
Kathy by the *World of Beers*
and theater ticket area to
choose a movie; later meet
at the Capital City Diner.
Host: Kathy, before 9 pm,
518-424-9613 (\$1/\$2).

SOS 2018 Camping

See the Calendar page for the
NYS Campground sites and
dates selected for 2018. Dates
shown are the arrival and de-
parture dates. Contact Pam
Bristol: 518-669-6633 or
Peggy Lindgren: 518-257-0092

MORE



ACTIVITIES



Maple Syrup Pancake & Sausage Breakfast

10 am, Saturday, March 10 (\$1/\$2)

Stone House Farm, 305 Lynk Rd, Sharon Springs 13459
Call Russ H. at 518-864-5744 for more information.

Women's Suffrage Centennial Exhibition

11:45 am, Wednesday, March 7

Meet at 11:45 am in the NYS Museum lobby to tour the Suffrage Centennial Exhibition, *Votes for Women: Celebrating New York's Suffrage Centennial* led by Museum staff. Call Ellen at 518-235-5526 for head count (\$1/\$2).



Let's celebrate St. Patrick's Day at the RIVERS CASINO

How Lucky Do You Feel?

On Sat, 4 pm, March 17, you can find out!



We're heading up a trip to the Rivers Casino to try your luck. Meet at the Casino near the Splash Spa & Events Center by the Parking Garage Elevators (Casino level) at 4 pm. Carpooling from SOS if needed.

We'll give you an overview of the Casino, show you how to get a rewards card and give you a tour.

We'll get together for a bite to eat later, meeting at 6 pm. Call Ann at 518-785-0445 for details and to sign up.

Free entertainment at Van Slyck's in the evening with the **McKrells (Irish Music) at 8 pm.**

The Mullett Rock Band will be performing at the Events Center (Tickets online).

Hosts: Ann P. & Maureen C. (\$1/\$2).

Friday Night Entertainment

7 pm, Community Room

Checking out Live Entertainment in March - watch Thursday Weekly Updates for more information.

Mar 9 - Screw your Neighbor card game and/or Pinochle (\$3/\$5).

Mar 16 - Ice Cream Social. (\$3/\$5)

Mar 23 - Your call - whatever you want to do (\$3/\$5).

Mar 30 - GOOD FRIDAY

SAVE THE DATE!

Annual Daffodil Brunch

9:30 am, Sunday, April 15

Enjoy brunch, with omelets made to order, amidst the magnificent priceless Tiffany windows in the historic Gardner Earl Chapel, a National Historic Landmark.

Stroll the grounds and enjoy the blooms of thousands of daffodils as you view the many ornate monuments and the famous panorama at the bluff. Or, take a short ride back in history in one of the famous antique cars.

Cost \$20 at door. Host: Ed M. at 518-279-1276

SOS Community Room Rental

Do you want to host an event but you do not have enough room at your home?

Well, we have the answer for you.

You can rent our Community Room for only \$50 for a half-day.

The room can hold up to 40 people depending upon occasion.

Call our office at 518-452-6883 or contact Ann P. at sos@singlesoutreach.org for more information.

ANNUAL MEETING

As you may know, the election of Officers and Board Members takes place at the May 2 Board Meeting in accordance with the By-Laws of SOS. If you would like to be considered for the Board, or as a Volunteer, please email Ann Parillo at aparillo@nycap.rr.com.

NYS Maple Weekend

Sunday, March 18, 11am

Ellen 518-235-5526

Visit Sugar Mill Farm near Greenwich for the NYS Maple Weekend to learn the process of making maple syrup from sap collection in the woods - to boiling into the final product. Then enjoy the sweet maple syrup at their pancake breakfast.

Breakfast \$7 - Contact Ellen for details - (\$1/\$2).

To: All Activity Leaders

Please remember to *pass the envelope* at all events and ask for a minimal cost of \$1 for members, and \$2 for non-members, for events held away from office to help offset SOS expenses.

Also, all Activity Leaders should check membership and fill out an attendance roster at each event with responsibility to turn in monies to office once per week, or mail check payable to *Singles Outreach* to the office, Attention: Scott Stewart - the same as any other SOS event.

In addition, please do not schedule any events on Sunday which would interfere with our regularly scheduled 4 pm potlucks. And remember to remind everyone to show their membership cards at all events. Thank You.