

# Singles Outreach Services Inc,

## Now in Our 41<sup>st</sup> Year!

### May Newsletter

#### Featured this month

Bingo	May 6 <sup>th</sup> & 20 <sup>th</sup>
Cinco de Mayo Party	May 3 <sup>rd</sup>
Ed Salvo in Concert	May 10 <sup>th</sup>
P.W.Y.W. Movie Night	May 17 <sup>th</sup>
Festival Celebration Choir	May 19 <sup>th</sup>
Memorial Day Picnic	May 27 <sup>th</sup>



Join us for two, yes two, fun-filled afternoons for chances to win prizes as we play five rounds of Bingo. Monday's May 6th, & 20<sup>th</sup>, at 1:30 p.m. \$4/6



That's right! **Cinco de Mayo Party** -- Friday May 3<sup>rd</sup>, at 6:00 p.m. join us by bringing your favorite south of the border dish to share. Then a fun-filled evening with friends, music, a Mexican game of Bingo, & trivia. \$4/6 with a dish to pass, \$10 without.

# Volunteer

## Appreciation Night!!

On Friday May 10<sup>th</sup>, beginning at 5:00 p.m. We will be having a Pizza party/brief meeting for our volunteers to show our appreciation for all you do.

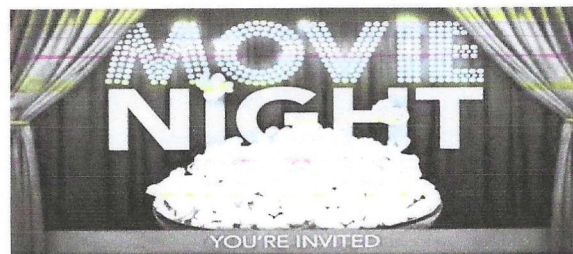
For all of our Board members & advisors, events & activity hosts, you all are encouraged to come join us for pizza, and share some thoughts on ways to improve then stay and enjoy our concert with Ed salvo.

## Ed Salvo in Concert



An S.O.S. favorite returns to once again entertain us with his singing, and playing the guitar as he picks selections from many different music genres.

Join Ed Salvo on Friday May 10<sup>th</sup>, beginning at 7:00 p.m. \$10



## Movie Night with Ann

Friday May 17<sup>th</sup>, beginning at 7:00 p.m. join Ann as she picks another classic for your enjoyment. For reel, (pun intended) this is a "Pay What You want" (donation) event. Popcorn included.



## Festival Celebration Choir

### Spring Concert

### “Stronger Together”

One of our members, Carol Mele will be singing with the “Festival Celebration Choir”, on Sunday May 19<sup>th</sup>, 3:00 p.m. at the First Presbyterian Church of Albany, 362 State Street., in Albany, in their “Stronger Together” concert. Special guest artists will be the Albany Gay Men’s Chorus, directed by Dan White and accompanied by Diana Parisi. The Festival Celebration Choir is directed by Julie Panke & Dan White is their accompanist.

Tickets are \$20 each, children under 12 are free. Proceeds help to pay for their director, accompanist, guest artists, rehearsal and concert venues, sponsor displays, printing costs, and contributes to their “Neil Hook vocal music scholarship program”. This year’s recipient is a student of Shenendehowa High School Chelsea Ben Aouneur.

Come and enjoy this great concert, A great combination of instruments, voices & refreshments make for an enjoyable afternoon.



## Memorial Day Picnic

### Monday May 27<sup>th</sup> 12 Noon

Join us at noon on Monday May 27<sup>th</sup> at our location Hanover Square 435 New Karner Road.

Serving lunch at 1:00 p.m. featuring hot dogs, hamburgers, a variety of salads and side dishes & dessert. Followed by a concert by our S.O.S. favorite Don “The Soulman” Hyman. Don has a fantastic show planned showcasing songs of the fifties, so ladies get out your poodle skirts, and guys grease that hair back come dressed in your favorite fifties outfit for our contest.

Enjoy food, fun friends, games, dancing, and more. \$14, day of the event.. Advanced tickets paid by Tuesday, May 21, are only \$12. Bring your friends.

### Maureen Cahill

We just received word of the passing of longtime member & friend Maureen Cahill. Maureen was a valued member who not only served on our board for several years, but also for many years produced our newsletter. She also put together our annual Christmas get together at the Italian American center.

Maureen, a lover of music was hopeful of us having music at our picnics, as we celebrate our Memorial Day picnic with the concert let’s enjoy and dedicate the event to the memory of Maureen, a friend who will be sadly missed, but happily remembered.



## Weekly Events

### Sundays May 5,12,19,26

- May 5 Indoor Tennis – May 12 Outdoor tennis starts, 10:00 am contact Dan at 518-629-0088 for details
- Potluck dinner 2:00 pm
- Darts/cards/games 4:00 pm

Attend Potluck, Games, for one price. \$4/6

### Mondays May 6, 13, 20, 27,

- **NEW EVENT!!!** - Support group 6:30

### Tuesdays May 7, 14, 21, 28,

- Real World discussion group 7:00 pm \$4/6
- May 7, "A Zen Garden" Maria I.
- May 14, "What's New in the News?" Dave C.
- May 21, "Mystery Night" Mark M.
- May 28, "Romping Through The Stock Market" Ed B.
- Blessings Tavern after Real World 9 pm

### Wednesdays May 1, 8, 15, 22, 29,

- Open bowling 7:00 pm at Sportsman Bowl 1652 Crane St Rotterdam \$2 per game. Contact Judy at 518-374-0765 for info.
- Social Dance Lessons "Line Dancing" 6:00 pm \$10 followed by Rhumba dance lessons at 7:15 \$10

### Thursday May 2, 9, 16, 23, 30,

- Outdoorsy stuff 9:30 am Enjoy walking and/or biking with a great group of friends followed by a lunch at a place chosen by the group. Contact John at [vabchpop@aol.com](mailto:vabchpop@aol.com) for details. A different location each week: join the email list today!
- Mahjong -- come and share the fun. Noon \$4/6

### Fridays May 3, 10, 17, 24, 31,

- Golf 9 am with Host Martha Zibro
- **NEW EVENT!!!** Pinochle beginning at noon 4/6

### Saturdays May 6,13,20,27,

- Game Night 7:00 pm enjoy an evening of games/cards with friends. Got a game you want to play bring it along. \$4/6

## Special Events

### Friday May 3rd,

- Cinco de Mayo Party 6:00 pm

### Monday May 6<sup>th</sup>,

- Bingo beginning at 1:30 pm -- play five rounds for fun and prizes. \$4/6

### Thursday May 9<sup>th</sup>,

- Annual Meeting 9:30 am
- Beginning at 10:00 am will be our monthly Board Meeting -- open to membership.

### Friday May 10<sup>th</sup>,

- Pizza Party/Meeting for board and activity leaders 5:00 pm – Appreciation event
- Ed Salvo in concert 7:00 pm \$10

### Saturday May 11<sup>th</sup>,

- Dining Adventure at Chipotle's Mexican Restaurant 270 Troy Road, East Greenbush. 4:30 pm R.S.V.P. to Maureen L. 518-410-2207 by Thursday May 9<sup>th</sup>.

### Friday May 17<sup>th</sup>

- Pay what you will, Movie Night 7:00 pm

### Sunday May 19<sup>th</sup>,

- Festival Celebration Choir Concert 3:00 pm see page 1

### Monday May 20<sup>th</sup>,

- Bingo beginning at 1:30 play five rounds for fun and prizes. \$4/6

### Monday May 27<sup>th</sup>

Held outside our office, beginning at noon, lunch will be provided at 1:00 pm. Followed by a concert honoring the 1950's by Don "The Soulman" Hyman. \$14. Advanced reservations and payment by Tuesday, May 21 will be only \$12. – see page 2

## Coming in June

### Oldest Saratoga Walking Tour

Saratoga started in two areas and then grew together. Beginning and ending at the corner of Broadway and Division Streets, on this loop, we see the "Oldest" houses, churches and even hotels and boarding houses. In short, we will see Saratoga's oldest neighborhood, what is believed to be its oldest house and oldest structure. More in June NL. Sign up forms at our office.

# May 2024 Calendar



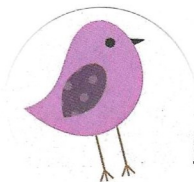
## Singles Outreach Services & Capital Region Social Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>April 28</b> Indoor Tennis 10 am Potluck 2 pm Games 4 pm	<b>April 29</b>  Support Group 6:30 pm	<b>April 30</b> <b>Real World</b> <b>7pm</b> Blessings at 9 pm	<b>May 1</b> Bowling 7 pm Dance lessons 6 & 7:15 pm	<b>May 2</b> Outdoorsy 9:30 am Mahjong noon	<b>May 3</b> <b>Golf 9 am</b> Pinochle noon	<b>May 4</b>  Game Night 7 pm
<b>May 5</b>  Indoor Tennis 10 am  Potluck 2 pm  Games 4 pm	<b>May 6</b>  Bingo 1:30 p.m.  Support Group 6:30 pm	<b>May 7</b>  <b>Real World.</b> <b>"Zen Garden"</b> <b>Maria I.</b>  Blessings at 9 pm	<b>May 8</b>  Bowling 7 pm  Dance lessons 6 & 7:15 pm	<b>May 9</b> Outdoorsy 9:30 am  Annual meeting 9:30 am Board Mtg 10 am Mahjong/games 12 Noon	<b>May 10</b> <b>Golf 9 am</b> Pinochle 12 pm "Invitation Only Pizza/Mtg." 5 pm <b>Ed Salvo</b> <b>Concert</b> <b>7 pm</b>	<b>May 11</b> Dining Adventure Chipotle's 4:30 pm Host Maureen Game Night 7 pm
<b>May 12</b> <b>Outdoor</b> Tennis 10 am <b>Mother's Day</b> Potluck 2 pm Games 4 pm	<b>May 13</b>  Support Group 6:30 pm Newsletter deadline	<b>May 14</b> <b>Real World</b> <b>"What's New in</b> <b>the News"</b> <b>David C.</b> <b>Snacks at</b> <b>Blessings at 9 pm</b>	<b>May 15</b> Bowling 7 pm Dance lessons 6 & 7:15 pm	<b>May 16</b> Outdoorsy 9:30 am Mahjong/Games 12 noon	<b>May 17</b> <b>Golf 9 am</b> Pinochle noon  <b>Movie Night</b> <b>7 pm</b> Pay What You Will	<b>May 18</b>  Game Night 7 pm
<b>May 19</b> Outdoor Tennis 10 am Potluck 2 pm Games 4 pm	<b>May 20</b> <b>Bingo</b> <b>1:30 p.m.</b> Support Group 6:30 pm	<b>May 21</b> <b>Real World</b> <b>"Mystery Night</b> <b>Mark M.</b> Blessings at 9 pm	<b>May 22</b> Bowling 7 pm Dance lessons 6 & 7:15 pm	<b>May 23</b> Outdoorsy 9:30 am Mahjong/Games 12 noon	<b>May 24</b> <b>Golf 9 am</b> Pinochle noon <b>Dance</b> <b>7:00 pm</b>	<b>May 25</b>  Game Night 7 pm
<b>May 26</b> Outdoor Tennis 10 am Potluck 2 pm Games 4 pm	<b>May 27</b> <b>Memorial Day</b> <b>Picnic</b> Noon	<b>May 28</b> <b>Real World</b> <b>"Romping</b> <b>through the</b> <b>Stock Market"</b> <b>Ed B.</b> Blessings at 9 pm	<b>May 29</b> Bowling 7 pm Dance lessons 6 & 7:15 pm	<b>May 30</b> Outdoorsy 9:30 am Mahjong/Games @ 12 Noon	<b>May 31</b> Golf 9 am Pinochle noon	<b>June 1</b>  Game Night 7 pm

**Special Note:** In case of cancellations, you can check our Facebook page for updates as well as watching your inbox for an email or you can call 518-941-2586 for the latest information.

**Remember to RSVP for all Dining Adventures as a courtesy to the Host.**





## Annie's Corner

### May Day – May Day – May Day!

We all have heard the call of May Day as a distress call. We have also used the term as a celebration of spring. In early medieval England, it was considered to be the first month of abundance. Everything started blooming and baby animals were born. It may also have come from the Roman earth goddess, Maia. In the musical and movie "Camelot" they even celebrated, with song, The Lusty Month of May.

Which brings us to the Maypole dance. This is a folk dance performed around a tall pole garlanded with flowers and log ribbons. Typically performed on May 1st.

Commemorating the historic struggles and gains by the workers -- in some countries, May Day is a holiday in which workers around the world would demonstrate for fairer conditions. It is celebrated with picnics and parties as well as showing support for the workers.

Regarding the distress call. The telegraph produced the first standardized distress signal: ...---... or SOS in International Morse code. Those signals were chosen because they were easy to use. It had nothing to do with "save our ship". As travel increased and "ess oh ess" was hard to enunciate or hear clearly, it was decided the call would be "mayday" repeated three times from the French "m'aidez" which translates to "help me".

When I lived in the Midwest, quite a while ago, people with place small May Day baskets on your porch on the first day of May

.... Which was a big surprise for me. So, for now, just enjoy the Merry Month of May and celebrate Mother's Day as well.

## **A Dance a Day**

### **Keeps The Doctor's Away**

*By Miss Carla Page*

I need to dance. Dancing is a powerful force of extra ordinary enjoyment. It works the heart, mind, body, spirit, and deep down in our soul.

May I have this dance? Come on dance with me. 😊 Make your body work to the floor. Let's stroll down memory lane, hold on to the past and turn back the hands of time.

Join me in reliving some of the most exciting, fun, memorable and blast from the past dances. Let's relive yesteryear. Remember some of these or all of these? You can dance alone or with another. Just Boogie! If you do not dance anymore dancing in your mind and memories also add your favorite dances to our list.

Locomotion, Watusi, Stroll, Mashed Potatoes, Cool Jerk, Fly, Twist, Peppermint Twist, Mickey's Monkey, Funky Chicken, Funky Broadway, Funky Four Corners, Cha-Cha, Horse, Pony, Jitterbug, Batman, Jump, Swim, Waltz, Calypso, Hand Jive, Two Step, Cheek to Cheek, Moonwalk, Camel Walk, Hustle, Swing, Running Man, Electric Slide, Cupid Shuffle, Hokey Pokey, Shake, Floss, Macarena, Shing-a-ling.

So let loose let's groove, get down, get involved, get into it, do your thing.

Activities for Singles  
May 2024 Newsletter  
518-452-6883

Singles Outreach Services Inc.  
Hanover Square Bldg.  
435 New Karner Road Box 301,  
Albany, NY 12205  
Community Room located at  
Hanover Square (Hill Entrance)

**May Highlights**  
**Ed Salvo Concert**  
**Movie Night**  
**Memorial Day Picnic**  
**June: Saratoga Tour**

PLACE  
STAMP  
HERE

### May 2024 Activities for Singles

[www.SinglesOutreach.org](http://www.SinglesOutreach.org)  
[SOS@SinglesOutreach.org](mailto:SOS@SinglesOutreach.org)



Reminder that Membership  
cards are sent out the last  
week of the month. Watch  
your mail.



### Directions to our Community Room and Office

From 2W of Northway, go West on Central Ave. for 1.7 mi, turn right on New Karner Rd. (Rt. 155 – Rite Aid on corner)) for 0.6 mi. Hanover Square is on the right, set back from the road. Middle door on right side of bldg. is labeled “Hill St.” entrance. In lobby, left door on ground floor.

### How to Join Us

You are invited to join Singles Outreach Services, Inc. We are a not-for-profit corporation that provides activities for unattached people. Please join us at one of our events as a guest (small charge). We can provide you with a membership form to complete. One year is only \$30, which helps us support our mission and our office and community room. You will also receive a monthly calendar by email (provide and email) or as printed copy in your mailbox without an email. Providing an email allows us to send you a weekly update, which provides you with last minute changes or updates on existing calendar events.

**Volunteers Always Needed!** Do you have time to host an event or an idea for an event to be held in our community room? If so, please email or call us. We are always looking for new ideas.

**Singles Outreach Officers & Board Members:** **President:** David Freeman; **1st Vice President** Esther Miklic; **2nd Vice President:** Gerald Boileau; **Secretary:** Pat Clarke; **Marketing** Debra Gugig-Bauer **Treasurer** Judy DesChamps; **Asst. Treasurer** Luella Dozois; **Programming:** Bonnie Lee Russell, Scott Stewart. **Advisors** Jerry Durovic, Maria Immediato, Ann Parillo and Joan Slingerland. **Executive Director** Ann Parillo. **Heading up the following activities:** **Bowling:** Judy DesChamps; **Game Night:** Luella Dozois & Dave Freeman, **Memberships, Communication, Weekly Updates and PR:** Ann Parillo; **Newsletter** Dave Freeman; **Outdoor Activities:** John Feret; **Real World:** Maria Immediato; **Programming:** Bonnie Russell, **Tennis:** Dan Streever, **Facilities & Mahjong** Pat Clarke; **Golf:** Martha Zibro; **Camping:** Pam Bristol & Peggy Lindgren; **Pinochle:** Carole Praga